

# @ICURehab Resource Sheet

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## Conferences

### Save the Date!

10<sup>th</sup> Annual Johns Hopkins  
Critical Care Rehab **Virtual** Conference  
**Live Virtual Conference: Nov 4 - 6, 2021**  
**+ Unlimited On-Demand Online Access:**  
**Oct 21 – Dec 15, 2021**

Conference info: [www.bit.ly/icurehab](http://www.bit.ly/icurehab)

6<sup>th</sup> Annual Asia Pacific Conference on  
Early Mobilization and Rehabilitation in ICU  
June 18 – June 19, 2021

### Virtual Conference

Conference info: <http://www.icu-rehab2021.com/html/>

## Combating the Hospital Immobility Harm FREE Webinars

- March 11, 12PM EST: **Introducing the Johns Hopkins – Safe Patient Handling Mobility Tool**  
[https://jhjhm.zoom.us/webinar/register/WN\\_tjLjRQ5dSz-YKeNmWYma2w](https://jhjhm.zoom.us/join/jhjm-zoom-us-webinar/register/WN_tjLjRQ5dSz-YKeNmWYma2w)
- March 17, 12PM EST: **Nursing Practice – Making Mobility a Safety Quality Priority**  
[https://jhjhm.zoom.us/webinar/register/WN\\_raCiGYoQSR2DqbnrNt6Z8A](https://jhjhm.zoom.us/join/jhjm-zoom-us-webinar/register/WN_raCiGYoQSR2DqbnrNt6Z8A)
- March 24, 12PM EST: **JH-HLM, AM-PAC, and the Mobility Goal Calculator: Q&A**  
[https://jhjhm.zoom.us/webinar/register/WN\\_4L\\_ikIG9QVKBoSv4nVHAlA](https://jhjhm.zoom.us/join/jhjm-zoom-us-webinar/register/WN_4L_ikIG9QVKBoSv4nVHAlA)

## Rehabilitation-Related Perspectives for the COVID-19 Pandemic Webinar Series

### Topics:

- Post-ICU Recovery Clinics
- Adult ICU Rehab
- Pediatric ICU Rehab
- Hospital-Wide Activity and Mobility

### Archived at:

[https://www.hopkinsmedicine.org/physical\\_medicine\\_rehabilitation/education\\_training/amp/webinars.html](https://www.hopkinsmedicine.org/physical_medicine_rehabilitation/education_training/amp/webinars.html)

## Some Useful Literature Lists and Articles

International Mobilization Network reference list: [Click here](#)  
Hopkins Critical Care Rehab Conference literature: [Click Here](#)  
ICU PT: physiological & safety event data: [Click here](#)  
ICU Mobility Scale for recording rehab status in ICU: [Click here](#)

ICU Mobilization: a guide for clinicians (Free full text): [Click Here](#)

"How to Guide" - ICU Rehab Quality Improvement: [Click here](#)  
Making the Business Case for ICU Rehab: [Click here](#)  
Sedation & Delirium Quality Improvement project: [Click here](#)  
Safety Criteria for ICU Rehab (Free full text): [Click here](#)

## Electronic Resources

AHRQ Early Mobility Guide  
<http://bit.ly/2ADOErY>

Early Mobility Toolkit Modules  
<http://bit.ly/2qIdXsY>

International Mobilization Network  
[www.mobilization-network.org](http://www.mobilization-network.org)

Johns Hopkins OACIS group  
[www.hopkinsmedicine.org/OACIS](http://www.hopkinsmedicine.org/OACIS)

Improving Long-Term Outcomes  
[www.improveLTO.com](http://www.improveLTO.com)

Helping ICUs Implement ABCDE Bundle  
[www.hopkinsmedicine.org/armstrong/mvp](http://www.hopkinsmedicine.org/armstrong/mvp)  
[www.iculiberation.org](http://www.iculiberation.org)

MOVES CANADA  
[www.movescanada.ca](http://www.movescanada.ca)

Twitter (use #icurehab)  
[@DrDaleNeedham @ICUrehab](https://twitter.com/DrDaleNeedham)

## Monthly email list for new articles

Send request to join: [icurehab@jhmi.edu](mailto:icurehab@jhmi.edu)

## ICU Recovery Network (IRN)

Access & contribute to ICU Rehab content  
Interact with ICU Rehab clinicians (globally)  
(Clinicians & Researchers Only)

Send request to join: [icurehab@jhmi.edu](mailto:icurehab@jhmi.edu)

# Rehabilitation Resources

## Hopkins Medicine Resources

### Outcomes After Critical Illness & Surgery (OACIS) Group

- Videos & News
- Patient assessment information
- Research studies
- Publications



[www.HopkinsMedicine.org/OACIS](http://www.HopkinsMedicine.org/OACIS)

### Center for Activity and Mobility Promotion (C-AMP)

Access Johns Hopkins Highest Mobility (JH-HLM) scale in 4 languages, along with FAQ document



<http://bit.ly/C-AMP>

### Toolkits to Design & Implement an Early Mobility/Rehab Quality Improvement Program

- Adult ICU Rehabilitation
- Pediatric ICU Rehabilitation
- Activity & Mobility Promotion across the Hospital



<http://bit.ly/rehabsol>

### Improving ICU Long-Term Outcomes Research

[www.improveLTO.com](http://www.improveLTO.com)

- NIH-funded grant for improving outcomes measurement in ICU research
- Info. about ICU-specific measures & long-term outcome measures (physical, cognitive, mental health & quality of life)
- FREE full-text review article on ICU mobility/physical function measures:  
<http://rdcu.be/wszU>



[www.improveLTO.com](http://www.improveLTO.com)

### Functional Status Score for the ICU (FSS-ICU)

- Register for FREE access to FSS-ICU: [www.ImproveLTO.com](http://www.ImproveLTO.com)
- 20-minute instructional video is available
- Available in 4 languages, along with a pocket card and Frequently Asked Questions (FAQ) document
- Two psychometric analyses for FSS-ICU: <http://bit.ly/2gh9bfL> & <http://bit.ly/2b4gJlX>

### Johns Hopkins Welch Medical Library Website for Rehabilitation

Rehabilitation resources, including information on relevant tests and measures, useful websites and literature, links to professional associations, and guidance for authors wanting to publish their work.  
(Access to some resources may require a separate subscription)

<http://bit.ly/welchPMR>

Johns Hopkins Rehab Conference: [www.hopkinsmedicine.org/OACIS/ICUrehab](http://www.hopkinsmedicine.org/OACIS/ICUrehab)

Twitter: [@ICUrehab](https://twitter.com/ICUrehab) and [@DrDaleNeedham](https://twitter.com/DrDaleNeedham)

Email: [icurehab@jhmi.edu](mailto:icurehab@jhmi.edu)



Version 3.2.21 – This resource sheet is periodically updated.

To download the most recent version (with active hyperlinks for the literature lists and articles above)

Visit us at [www.hopkinsmedicine.org/OACIS/ICUrehab](http://www.hopkinsmedicine.org/OACIS/ICUrehab)

